

VIEWS

BREAST CANCER AWARENESS MONTH

Kick-Off Celebration

October 3rd on the Plaza
starting at 11:30 a.m.

Events include:

Mobile Mammogram Van,
Unveiling of Pink Ribbon Sculpture,
Mini-STRIDES walk,
Pink Lemonade Social,
and more!



Age: a major factor

*A woman's chance of
getting breast cancer
increases with age.*

Risk factors are as follows:

age 20	1 in 1,985
age 30	1 in 229
age 40	1 in 68
age 50	1 in 37
age 60	1 in 26
age 70	1 in 24
over 70	1 in 8

Source: American Cancer
Society Surveillance
Research, 2005

2007 Race for the Cure™

October 13th

For more information please visit
<http://www.komenlouisville.org>

American Cancer Society Making Strides against Breast Cancer®

Walk date: October 28th

For more information please visit
<http://makingstrides.acsevents.org>

National City Tower Annual Pumpkin Carving Contest

October 24th – 31st

Vote for your favorite pumpkin
by donating to the
American Cancer Society®

Show your support by purchasing a pink ribbon inside the National City® branch to hang on the Memorial Tree. The tree will be on display in the Tower's Main Lobby throughout the month of October. All proceeds go to the American Cancer Society®

PUMPKIN CARVING CONTEST

We are looking for some creepy competition. Why? Because all "votes" are donations to the American Cancer Society.

This is our last event to wrap up National Breast Cancer Awareness month. With your votes, last year we were able to donate \$885.89 to the American Cancer Society. Last year's winner, the Witch and Her Brew by Humana Claims Pending, received \$246.19 in votes!

The pumpkins will be available starting October 24. Call us at 589-4280 or visit us in the management office on the 24th floor to select your pumpkin. The entries are due in the lobby on Monday, October 29, at noon (no late entries will be accepted)! This is a fun event with friendly competition - we hope you will participate and help us support the fight against cancer!

The lucky carvers will receive a lunch party on us!



For questions please contact
j.beswick@nationalcitytower.com
or at 589.4280

SAFETY REMINDER!

Be sure to lock away all valuables when you leave your office or are in remote areas of your space. Most thefts are crimes of opportunity based on failure to secure our belongings.



October

Breast Cancer Awareness Month

3rd

Kick-off Celebration on the Plaza
for Breast Cancer Awareness Month!
Events start at 11:30 a.m.

8th

Columbus Day
Bank Closed

9th

Floor Warden Training
8:30 a.m. -10:00 a.m.

Firemen on the Plaza
Events start at 10:30 a.m.

10th

Building Fire Drill
Details provided in desk drop
on October 9th

15th

Monday Morning Perk-Up!
Start your day off right with a
granola bar or piece of fruit.

Flu Shots

9:00 a.m. - 12:00 noon

16th

Boss' Day

24th

Pick up your pumpkins for
the contest and start carving!

29th

12:00 noon (sharp!!)—Turn in
your decorated pumpkins.

31st

Voting ends for
Pumpkin Carving Contest.

November

5th

Come join us for coffee and
doughnuts in the Lobby.

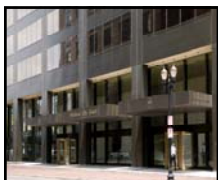


www.nationalcitytower.com
Get the latest news and events.

National City
T O W E R

Management & Leasing

Suite 2410
(502) 589-4280



National Fire Prevention Week

October 8th -12th

Floor Warden Training

Tuesday, October 9th
8:30 a.m. to 10:00 a.m.

All registered Floor Wardens,
please email or call to reserve your
place. Each tenant must be
represented. Please consider
training back-up wardens.

Breakfast will be provided.

Building Fire Drill

Wednesday, October 10th

Representatives of building management
and security will be on hand at the east
stairwell to answer any questions or
review procedures during your drill time.
Please keep in mind the importance of this
brief emergency drill. You will receive
specific information in a desk drop on
Tuesday evening, October 9th.

Firemen on the Plaza

Tuesday, October 9th
10:30 a.m. until 2:00 p.m.

Come out and show your support for our local firefighters!

There will be a parade, music provided by Street Heat, antique and
state-of-the-art fire fighting equipment, and a special presentation
honoring past and present fire fighters on
National City Tower's South Plaza.

There will be **free** firefighter-prepared chili!

Donations to the Crusade for Children will be accepted.



Thank you to everyone who gave blood during our blood drive in
September. The American Red Cross received 30 units of blood from our
tenants. You have helped save as many as 90 lives!! Way to go fans!!!



Don't Forget Your Flu Shot!

Monday, October 15th • 9:00 a.m. to 12:00 noon
19th floor conference room

Shots are administered by the Visiting Nurse's Association
Cost : Flu Shot \$30.00 /Pneumonia vaccine \$40.00
(cash or check only)

Please call the Building Management Office
at 589-4280 for more information.



CONGRATULATIONS TO OUR SEPTEMBER WINNER!

Last month, we asked what you love about your boss.
Janet Masterson from National City told us what she loves about Bryan Sperry,
her boss, and they both will go to lunch on us at Vincenzo's!!!

*"My boss is a very thoughtful person. He doesn't volunteer me for additional tasks
unless he has asked me... He respects me and my position. He makes the work place
a fun place to work. When I have made mistakes, he taught instead of reprimanding or
getting angry...I am very lucky to have found a good boss and I count my blessings."*

Congratulations, Janet & Bryan!
Thank you to everyone who submitted what you love about your boss!

WIN LUNCH ON US!

Be the first to solve the riddle!

"What is special about the number 854917632?"

E-mail your responses to j.beswick@nationalcitytower.com.

Do you have feedback about this issue that you'd like to share with us or story ideas you'd like featured?
Please email j.beswick@nationalcitytower.com. We love hearing from our tenants!