



JANUARY 2009



## NCT IS UP WITH TREES

Due to tree deterioration and safety concerns with the trees in the south plaza area, National City Tower recently replaced those trees with Patriot Elms. The Patriot Elm is a hybrid elm with a moderately vase-shaped crown, showing high levels of tolerance to two of the major disease and insect pests of landscape elms. In contrast with many elms, it is rapidly and easily established in the nursery and has performed well in locations from Texas and Iowa to Maine. This elm thrives in urban areas and was recommended for every forester's 'Top Ten' list of urban trees. It grows to a height of approximately 50 feet, with a crown of approximately 40 feet. It has handsome dark green foliage in the summer and the leaves turn bright yellow in the autumn.

For more information on this tree visit the United States National Arboretum web page at: <http://www.usna.usda.gov/index.html>

## THE DOWNTOWN LOWDOWN

**January 1st - February 15th**  
**Frazier Museum**  
**Sherlock Holmes &**  
**The Clocktower Mystery**

Victorian London's most celebrated detective needs your help to find out "whodunit"! Clues and "red herrings" are all around you as you make your way through this interactive, family friendly and wildly entertaining murder-mystery thriller! Along the way, you will even meet a real live character from the story while trying to solve the mystery!

*For more information visit: [www.fraziermuseum.org](http://www.fraziermuseum.org)*

**January 7th - February 1st**  
**The Kentucky Center**  
**Wicked**

Long before Dorothy drops in, two other girls meet in the land of Oz. One - born with emerald green skin - is smart, fiery and misunderstood. The other is beautiful, ambitious and very popular. How these two grow to become the Wicked Witch of the West and Glinda the Good Witch makes for the most spellbinding new musical in years.

*For ticket information visit: [www.kentuckycenter.org](http://www.kentuckycenter.org)*

**January 17th - 18th**  
**10:00am- 4:00pm**  
**Kentucky International Convention Center**  
**The Great Train Expo**

The Great Train Expo is a national, traveling show that caters to the model railroad enthusiast. This show features 200-500 tables of train dealers. The expo offers a variety of operating model railroad and toy layouts for the entire family to enjoy in many different scales and gauges. Check them out and get some great ideas for your own layout! If you're interested in joining a local model railroading club, the Great Train Expo is a great place to visit some of the different clubs in your area and learn more about them. If you're looking to sell an old toy train, this is the perfect place. You can get appraisals and offers from multiple dealers under the same roof!

Ticket Information:  
General Admission - \$7  
12 & under - Free

*For more information visit: [www.kyconvention.org](http://www.kyconvention.org)*

### SAFETY REMINDER

Be alert to strangers that may come into your office. Report any suspicious persons or solicitors to Building Security!  
Check the identification of any strangers who ask for proprietary information or delivery/repair persons.

# JANUARY 2009

## 1st - New Year's Day

National City Bank & Building Management  
Office closed

## 12th - Perk-Up

Join us in the Lobby for granola bars, fresh fruit and coffee.

## 19th - Martin Luther King, Jr. Day

National City Bank Closed

### AND THE WINNER IS...

Congratulations to Lisa M. Schultz of Greenebaum Doll & McDonald PLLC, winner of the December drawing for a gift certificate for a free lunch. Thanks to everyone who participated in the quiz. For all the correct answers to the Holiday quiz, please visit our website:

[www.nationalcitytower.com](http://www.nationalcitytower.com)



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## STAY WARM, SAVE MONEY

Here are a few strategies to help you save energy during the cold winter months. Some of the tips below are free and can be used on a daily basis to increase your savings; others are simple and inexpensive actions you can take to ensure maximum savings through the winter.

### TAKE ADVANTAGE OF HEAT FROM THE SUN

Open curtains on your south-facing windows during the day to allow sunlight to naturally heat your home, and close them at night to reduce the chill you may feel from cold windows.

### COVER DRAFTY WINDOWS

Use a heavy-duty, clear plastic sheet on a frame or tape clear plastic film to the inside of your window frames during the cold winter months. Make sure the plastic is sealed tightly to the frame to help reduce infiltration.



### ADJUST THE TEMPERATURE

When you are home and awake, set your thermostat as low as is comfortable. When you are asleep or out of the house, turn your thermostat back 10°–15° for eight hours and save around 10% a year on your heating and cooling bills. A programmable thermostat can make it easy to set back your temperature.

### FIND AND SEAL LEAKS

Seal the air leaks around utility cut-throughs for pipes ("plumbing penetrations"), gaps around chimneys and recessed lights in insulated ceilings, and unfinished spaces behind cupboards and closets. Add caulk or weather-stripping to seal air leaks around leaky doors and windows.

### REDUCE HEAT LOSS FROM THE FIREPLACE

Keep your fireplace damper closed unless a fire is going. Keeping the damper open is like keeping a window wide open during the winter; it allows warm air to go right up the chimney.

### LOWER YOUR WATER HEATING COSTS

Water heating can account for 14%-25% of the energy consumed in your home. Turn down the temperature of your water heater to the warm setting (120°F). You'll not only save energy, you'll avoid scalding your hands

You can find this information and more at <http://www.energysavers.gov/tips.html>

## NCT WINTER BLOOD DRIVE

A big thank you to all those who donated during the Winter Blood Drive. With your help, the American Red Cross was able to collect over **26** pints of lifesaving blood! A big congratulations to Daniel Ryan of Humana Inc., winner of the "Night Out on Us" drawing.

## NCT GIVES BACK

National City Tower gave back this holiday season by making special donations to The Center for Women & Families, The Salvation Army (Santa's Toy Drive) and The Metro United Way on behalf of our tenants.

## KEEP FIT ON US!

What is your New Year's resolution? We want to know. Send in yours and how you are going to accomplish it throughout 2009 and be entered into a drawing for a one month membership to the downtown YMCA. Entries may be brought by the Building Management office on the 24th floor, emailed to [j.beswick@nationalcitytower.com](mailto:j.beswick@nationalcitytower.com) or faxed to (502) 589-0245. Only one entry per person please. You must be employed within National City Tower to participate. Good luck to all who enter.

Do you have feedback about this issue that you'd like to share with us or story ideas you'd like featured? Please email [j.beswick@nationalcitytower.com](mailto:j.beswick@nationalcitytower.com). We love hearing from our tenants!